

Public Health Nutritionist/Dietitian Hertfordshire. UK

WHO ARE WE?

We believe in helping people change their lives, for good. This is really hard to do but it's worth every ounce of effort to see someone leave our services healthier, happier and empowered to keep making positive changes.

WE BELIEVE:

1. That passionate people want to do meaningful work and have fun doing it – You are at work a lot, shouldn't it be fun?
2. That we are here to help people find things that make them happy and healthy.
3. That we can help people make realistic changes that fit into their real lives to change their habits, not just temporarily change their waist size.

If you believe what we believe, you should apply to work with us and help change lives.

We are a behaviour change organisation who focus on helping people become healthier and happier, with the added bonus of managing their weight in the process. We believe in the power of community, both for people going through our services and in our teams.

WHO ARE YOU?

You are an exceptionally passionate person who wants to make a difference to the health and happiness of local people. You want a job that is about more than just money, where you get to work with like-minded people towards a goal that matters. You don't want to have to be someone different at work than you are at home and believe you have what it takes to help people change their lives, with the support of your colleagues and managers.

WHAT WILL YOU ACTUALLY BE DOING?

- Recruiting people to our behaviour change programmes.
- Helping set up the programmes; booking venues, booking suitable physical activity providers, liaising with referring organisations.
- Preparing and delivering nutrition and behaviour change programmes to individuals and families. This includes delivering practical workshops to large groups of people alongside some 1-1 sessions.
- Following up participants after sessions to ensure they are on track and referring onto alternative services if necessary.
- Providing nutrition support through a bespoke digital platform.
- Reviewing latest nutrition and behaviour change guidelines to ensure programmes remain of the highest quality and in line with the latest evidence.
- Partnership working with health and social care professionals and people in the local community.
- Helping create a healthy, happy working environment.

- Developing your skills with regular and diverse CPD.
- Helping BeeZee Bodies meet our goals.
- Being part of the ongoing development of excellent quality public health interventions by using evidence to shape future programmes.

SKILLS AND EXPERIENCE

- Passionate
- Personable and engaging
- Excellent written and oral communication skills
- A degree in either Nutrition or Dietetics
- A current registration in Dietetics with HCPC or in Nutrition with the Association for Nutrition (desirable)
- Organised
- A high degree of self-motivation
- Team oriented
- Experience of coordinating and/or leading a groups
- Excellent computer literacy skills
- Full UK drivers licence and access to own car
- Ability to work under pressure and to tight timelines
- Flexible

The main skill you need to do this job is to be able to help inspire and support other people to change. If you can do this, you should apply.

THE GOOD STUFF: TITLE, DOSH & HOURS

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| Location | Hertfordshire |
| Job Title | BeeZee Bodies Nutritionist/Coordinator |
| Hours | Full Time (40 hours per week) & Part Time available <i>Includes minimum of 2-3 evenings per week (until 8.30pm- Hours are flexi-time to accommodate late finish)</i> |
| Salary | £20,000 – 22,000 (dependent on experience) (FTE) |

WHAT WILL YOU GET OUT OF WORKING AT BEEZEE BODIES?

- Work that is meaningful and helps change lives.
- Being part of a vibrant organisation who love to innovate and want to be at the forefront of public health.
- Work with a supportive team of like-minded people towards something that matters
- A chance to take part in fun work place activities and challenges.
- Being challenged and supported (mentoring, regular development opportunities, group training events, awesome colleagues) to develop your career in a direction that you choose.
- Management who really care about giving you a great working experience. You spend a lot of time at work, shouldn't it be fun?



HOW DO YOU APPLY?

You can apply by sending your CV and the answers to the following 5 questions to info@beezeebodies.co.uk

1. Where did you see this advert?
2. Why are you confident that you would be the best person for the job?
3. Tell us about something that you have done that you are really proud of and why?
4. What would be the first thing dogs would say to their human family if they could talk?
5. Why would you like to work at BeeZee Bodies?

The closing date for this post is the **30th May 2018** with interviews taking place the following week.

Any questions about this role please contact Ciara at ciaraodonovan@beezeebodies.co.uk