



# NUTRITIONIST /DIETITIAN

## Bedfordshire/Hertfordshire, UK

We are looking to appoint a passionate and innovative individual to be part of our BeeZee Bodies team. If you are looking for a job where you can make a real difference to local people's health and happiness and to help create a vibrant, exciting work environment for colleagues, then this might be the job for you.

We believe in helping people change their lives, for good. This is really hard to do but it's worth every ounce of effort to see someone leave our services healthier, happier and empowered to keep making positive changes.

When it comes to our team, we believe that 'culture eats strategy for breakfast' and we have a strong sense of who we are and who we want to be. This is embodied in our five 'ways of being'

Be Real	We are genuine, authentic, transparent, and have integrity
Be Passionate	We are who we are and won't hide our passion for what we do
Be innovative	We are creative and love to explore new ideas
Be Empowering	We are supportive and help people to make great choices
Be Courageous	We are brave and bold and live the values we believe in

## What will you actually be doing?

Firstly, you will have a lot of fun!

In between that you will be responsible for helping to develop and deliver various weight management programmes across Bedfordshire. The role includes a wide variety of organisational and delivery tasks and requires you to be able to put your nutritional expertise to good use alongside helping families, individuals and groups to manage their weight.

In addition, you will be contributing to campaigns and training of local professionals to ensure that our services are delivered in line with the very latest evidence base. You would need to be able to work a minimum of 2-3 evenings per week with members of the public, i.e. 'real people'! Hours are flexi-time to account for late finishes.

*Here are some of the programmes you will be helping to support:*

BZ Families

Gutless

BZ Chat

BZ Bumps

BZ for All

BZ Ladies

## The important stuff: Title, Dosh, Hours

Job Title	BeeZee Bodies Nutritionist
Hours	Full Time/Part Time positions – includes: 2-3 evening per week and travel across Bedfordshire/Hertfordshire
Salary	£20,000-£22,000 FTE

## Some important things that you will be doing

Your role in our organisation is important in helping BeeZee Bodies achieve its goals and as a part of our team you will:

- Help to refine existing programmes and develop new ones in line with evidence and sound underpinning theories.
- Contribute to a positive, friendly and productive work environment to help the team thrive, develop, innovate and explore new ideas (a good sense of humour is a must!).
- Help to ensure that we provide the highest quality services (in every aspect) available in the UK
- Deliver the outcomes and KPI's required to achieve our contracted goals.
- To work with the Service Manager and Director to establish new recruitment paths to reach the target population.
- Empower individuals to manage their weight effectively by understanding their individual contexts and needs and supporting them to change their behaviours.

## What will you do if you get the job?

The role will entail many important duties, including:

- Coordinating and delivering a variety of BeeZee Bodies weight management programmes.
- Evaluating and reflecting on programme delivery to ensure the effectiveness of the services.
- Working with the Service Manager to ensure KPI's and targets are met.
- Helping to establish great working partnerships with local stakeholders.
- Helping to ensure that services are effectively delivered to key target groups to reduce inequalities.
- Being creative, innovative and realistic in thinking of new ideas to develop new services and improve on current programmes
- Ensuring that information and programme deliverables are correct and in line with the latest evidence.
- Being flexible and adaptive to the needs of the organisation and the people accessing our services.

## What will you get out of working with us?

We want to be your job to have meaning and be something you enjoy, so we want all our team to:

- Have work that means something and helps change lives
- Be part of a vibrant organisation who love to innovate
- Work with a team that will support you to do your job to the best of your ability
- Have a chance to take part in fun work place activities and challenges
- Participate in identifying your own professional development journey
- Have a Manager who really care about giving you a great working experience and being part of something that matters

## Something to consider before applying for this job...

The values that we have listed at the top of this document are really important to us and we live them out every day in the office and in working with families, individuals and groups. Being realistic is so important to us that we have listed some of the areas below where you might need to think outside of the box. Especially about what is important in helping people change their behaviours:

- Understanding of the antecedents of obesity in children and adults (physiologically and psycho-socially). This is important to have a handle on but don't underestimate the complexity of people's everyday lives!
- The 'real' issues that influence people's behaviour and relevant behaviour change principles. It is really important to think about how much our days are guided by habits, how these are formed and being realistic about how to break them. How are they intertwined with other factors and barriers like time, money and relationships?
- Good working knowledge of relevant governmental and other key documents and guidance. It is imperative that we ensure we are up to date on the latest national and local papers and guidance and even to try and contribute where we can.
- Basic understanding of qualitative and quantitative statistics. We have a research and evaluation team; however, you will still be expected to be a part of this reporting process, and so a working knowledge of this is useful
- Have you got the passion and drive to challenge the status quo and make real change happen?

## Essential and desirable criteria for this post

Essential    Desirable

### Qualifications

- AFN registered degree in Nutrition or HCPC registered degree in Dietetics with portfolio evidence of continuous professional development



### Experience

- Experience of working in the field of Community Nutrition (working with real people)



- Experience of service delivery in a variety of different settings including understanding of team dynamics



- Experience of working flexibly and effectively within a multidisciplinary team



- Experience of having to prioritise caseload / manage own time effectively



### Skills

- Excellent oral and written communications skills with people from a wide variety of backgrounds



- Good presentations skills and ability to work effectively with individuals and groups



- Ability to present complex information in a clear and logical manner



### Personal Attributes

- Good organisational skills to manage and prioritise workload



- Confident and Self Motivated with lots of Passion



- Flexible, adaptable and creative



- Good motivational Skills



- Good understanding of the Principles of Confidentiality



- Ability to reflect and appraise own performance and that of others



## How do you apply?

Please send a current CV with a covering letter that explains how you meet each element of the criteria detailed above to [recruitment@beezeebodies.co.uk](mailto:recruitment@beezeebodies.co.uk).

### Your cover letter should also include answers to the following questions:

1. Where did you see this advert?
2. Why would you want to work at BeeZee Bodies?
3. Why are you confident that you would be the best person for the job?
4. What would be the first thing dogs would say to their owners if they could talk?

The closing date for this post is **Wednesday 9th January 2018** with interviews taking place the following week. The interview process involves 3 stages:

1. Initial telephone conversation
2. Group interview day
3. Final one to one interview\*

\*Only a selection of candidates from the initial stages will be invited to the one to one interview stage.

If you have any questions, please email [Recruitment@beezeebodies.co.uk](mailto:Recruitment@beezeebodies.co.uk)

**Well done you!**

You made it through all that information - now get that application started and make the first step towards a new and exciting job.

